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	National	
	Qualifications	Mark
	2019	

TUESDAY, 21 MAY 9:00 AM – 9:45 AM (approx)

X827/76/01



ESOL

Listening

fill in these box	es and read v	what is printe	ed below.	
Full name of cer	ntre		Town	
Forename(s)		Sur	name	Number of seat
Date of birt	:h			
Day	Month	Year	Scottish candidate nu	mber

Total marks — 25

Attempt ALL questions.

You will hear three different recordings. Before you hear each recording, you will have one minute to read the questions. You will hear each recording twice, with an interval of ten seconds between playings. You will then have time to answer the questions before hearing the next recording.

You may NOT use a dictionary.

Write your answers clearly in the spaces provided in this booklet. Additional space for answers is provided at the end of this booklet. If you use this space you must clearly identify the question number you are attempting.

Use blue or black ink.

You are not allowed to leave the examination room until the end of the test.

Before leaving the examination room you must give this booklet to the Invigilator; if you do not, you may lose all the marks for this paper.





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Total marks — 25 **Attempt ALL questions**

Recording 1

Listen to the recording and attempt the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 1 before the recording begins.

Q

uestions 1–4: Choose the correct answer for each question and tick (✓) one box.						
1.	Acco	ording to Dr Farias, mindfulness:	1	1		
	Α	benefits mental wellbeing.				
	В	is part of Buddhism.				
	С	has been criticized recently.				
	D	is more effective than psychotherapy.				
2.	Dr F	arias believes that:	1	1		
	Α	meditation may not benefit everybody.				
	В	we will never know what the benefits of meditation are.				
	С	it is better to just take some time off and relax.				
	D	enthusiasm for meditation has led to more research.				
3.	The	Buddha Pill is:	1	1		
	Α	a film Dr Farias made with a clinical psychologist.				
	В	a book he wrote with another author.				
	С	a book he wrote on his own.				
	D	a film he made on his own.				

Recording 1 questions (continued)

4.	The	Buddha Pill makes the point that meditation:	1		
	Α	makes us more compassionate and sympathetic.			
	В	could reduce violence in the world.			
	С	can take the place of science.			
	D	can be seen as a substitute for religion.			
5.		omplete the sentences below. Use NO MORE THAN THREE WORDS for each nswer.			
	(a)	Many people think that mindfulness will soon			
		·	1		
	(b)	Some Buddhists			
		about their techniques being used.	1		
	(c)	There has been a rise in mental health problems in			
	(d)	Using mindfulness to treat these may only be treating	1		
		·	1		
6.	Cho	ose the correct answer for this question and tick (/) one box.			
	Whi	ch of these best summarises Dr Farias' thoughts about mindfulness?	1		
	Α	It is good for general health.			
	В	It is seen to be a good idea.			
	С	It has no real benefits.			
	D	It has a negative effect on people.			



[Turn over

Recording 2

Listen to the recording and attempt the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 2 before the recording begins.

7.	Com	nplete the sentences below. Use NO MORE THAN THREE WORDS for each wer.	
	(a)	According to Anna, changing jobs frequently is	1
	(b)	Peter's role allows him a lot of	1
	(c)	As regards work, 'millennials' have	1
	(d)	Peter believes that at some point young people have to	1
Ques	tions	s 8–11: Choose the correct answer for each question and tick (✓) one box.	
8.	Whi	ch best describes Anna's attitude towards her work life?	1
	Α	She's proud she's never had a proper job.	
	В	She'd love to find a secure, life-long job.	
	С	She enjoys the thrill of new job challenges.	
	D	She finds all her jobs boring and restrictive.	
9.	Acco	ording to Peter, the most important factor in deciding to change jobs is:	1
	Α	individual circumstances.	
	В	a person's career plan.	
	С	the size of the organization.	
	D	opportunities in the job market.	



				MARKS	DO NOT WRITE IN THIS
Reco	rdin	g 2 questions (continued)			MARGIN
10.	Acc	ording to Anna, a person who constantly changes jobs is:		1	
	Α	a risk for employers.			
	В	fresh and adaptable.			
	С	unadaptable and unreliable.			
	D	a big asset to employers.			
11.	The	e programme is mainly about:		1	
	Α	why young people change jobs frequently.			
	В	how long people stay in jobs and why.			
	С	why older people prefer secure jobs.			
	D	how employers view young workers.			
			[Turn ove	r	

Recording 3

Listen to the recording and attempt the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 3 before the recording begins.

Ques box.	stion	s 12-15: Choose the correct answer for each question and tick (✓) one		
12.	Wh	ich university applicants are to be given the highest priority?	1	
	Α	Applicants who have been in care.		
	В	Applicants from poorer families.		
	С	Applicants from middle-class homes.		
	D	Applicants from state schools.		
13.	Wh	ich one of these statements is true?	1	
	Α	20 percent of university students come from the poorest fifth of the community.		
	В	Universities do not have equal proportions of disadvantaged students.		
	С	Middle-class parents are generally in favour of the new system.		
	D	Students from poorer backgrounds are more likely to finish their courses.		
14.	Stat	te school students at medical school:	1	
	Α	perform better than students from private schools.		
	В	score higher marks than they did in the entry tests.		
	С	are less motivated than students from private schools.		
	D	don't have well-developed non-academic attributes.		

Recording 3 questions (continued)

15.	Wh	ich of these is true of the presenter's school?	1
	Α	It was a state school.	
	В	He didn't enjoy this school.	
	С	He didn't have much freedom there.	
	D	He did his homework at home.	
16.		mplete the sentences below. Use NO MORE THAN THREE WORDS for each wer.	
	(a)	Recruitment of new pupils at the presenter's school partly relied on	
	(b)	Some of his friends	1
		at university.	1
Ques	stion	s 17-18: Choose the correct answer for each question and tick (/) one	
17.	Wh	at is the presenter's attitude to private schools?	1
	Α	He feels they are better in some ways.	
	В	He thinks they give an unfair advantage in all areas.	
	С	He dislikes them because of his own bad experiences.	
	D	He thinks their pupils are better-equipped for later life.	

[Turn over for next question

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Reco	rding	g 3 questions (continued)	MAR	
18.	Wha	at is the main focus of this talk?	1	
	Α	Current university admissions policy.		
	В	Social background and success at university.		
	С	State schools versus private schools.		
	D	Unfair advantages for poorer applicants.		
		TEND OF QUESTION PARES		
		[END OF QUESTION PAPER]		

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ADDITIONAL SPACE FOR ANSWERS

page 09

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ADDITIONAL SPACE FOR ANSWERS



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